

DR. RUPIE

INTERNAL MEDICINE, MD

Your Rx for Wellness



Health Educator



Patient Advocate



Physician Leader

Dr. Rupal Gohil (or Dr. Rupie) is a board-certified Internal Medicine specialist with a passion for integrative and lifestyle medicine. She is a practicing physician at several hospitals in Hawaii and has served on the medical executive board at a local hospital and as a physician advisor and medical director for a major health system. Dr. Gohil has had a wide scope of practice through telemedicine, urgent care, outpatient clinic and as an acute care hospitalist in a diverse array of environments. In her career spanning over a decade, she has overseen the care for tens of thousands of patients. Dr. Gohil is also a regular medical consultant on the KHON2 evening news as well as her own segment on Living808 called “Your Rx for Wellness with Dr. Rupie!”

Having started out in medical school at the young age of 16, she understands the importance of reliable medical information and the lack of adequate guidance sometimes available. She believes that education is the key to personal health. In creating this online patient education portal, her mission is to help readers take charge of their health by providing an “Rx for Wellness”. Her motto is “medicine made simple” and she aims to help individuals understand their everyday medical needs by simplifying the medical world.

Dr. Gohil considers herself a lifetime student and is currently training in integrative and lifestyle medicine.

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